

# Lowering Burden to Raise Adherence: Optimizing Prophylaxis for Hemophilia A



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# Learning Objectives

**Upon completion of this activity, participants should be better able to:**

- Apply up-to-date evidence to enable optimal timing for prophylactic treatment initiation in patients with hemophilia A to minimize long-term complications
- Select appropriate prophylactic therapy for patients with hemophilia A based on clinical evidence, bleeding episode frequency, and patient preferences
- Implement shared decision-making strategies when discussing appropriate prophylactic treatment that prevents undue bleeding episodes and increases adherence in patients with hemophilia A

# Optimizing Prophylaxis to Mitigate Long-Term Disease Complications

## WFH Guidelines for the Management of Hemophilia, 3rd edition

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of the WFH Guidelines for the Management of Hemophilia panelists and co-authors\*

*Haemophilia*. 2020;00:1–158.

WFH Guidelines for the Management of Hemophilia,  
3rd edition

I will not be reviewing  
all 158 pages!

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*Haemophilia*. 2020;00:1-158.

# Modifications to WFH Guidelines, 3rd Edition

## Sections Added

- Principles of care
- Genetic diagnosis
- Prophylaxis (emphasizing it's the only way to treat)
- Management of inhibitors
- Outcomes assessment

## Sections Removed

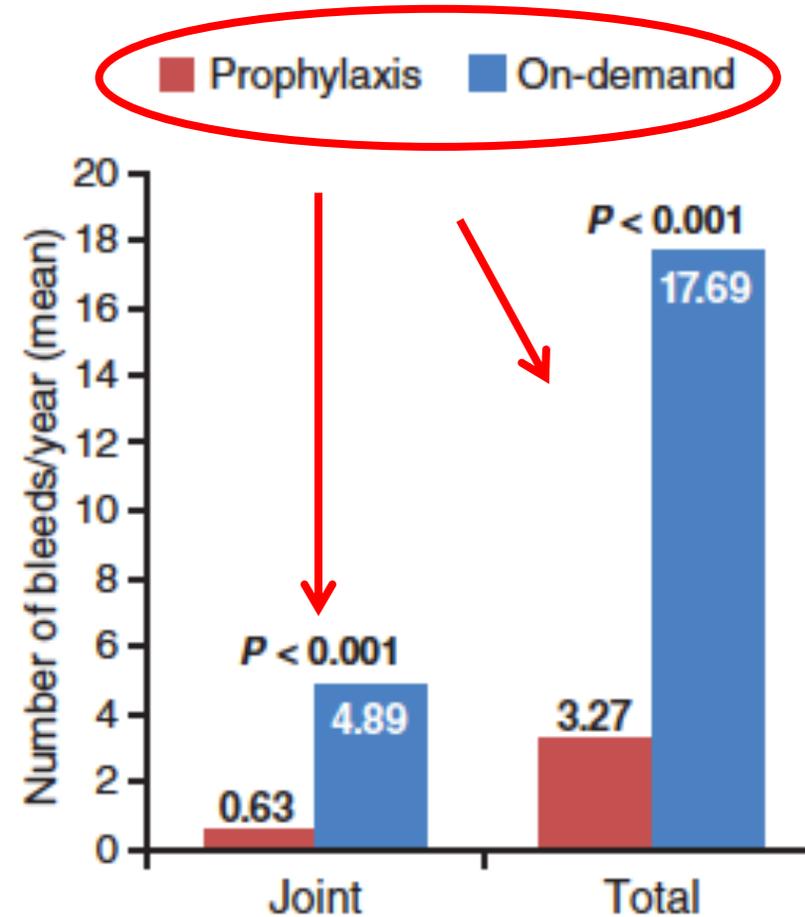
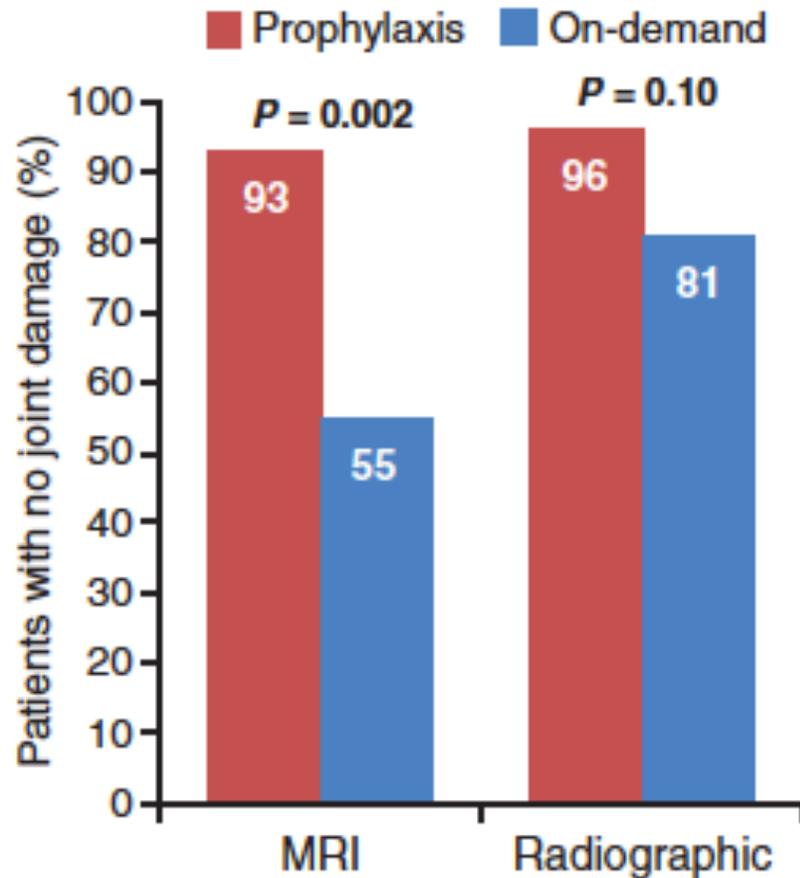
- Transfusion-transmitted infections

# Prophylaxis

- All patients with severe hemophilia A and B should be on prophylaxis sufficient to prevent bleeds at all times
- In countries with less access to factor concentrates, WFH recommends prophylaxis with less intensive regimens
- When prophylaxis is not available, on demand treatment must be available for treating bleeds early
- Early initiation of primary prophylaxis is recommended with clotting factor concentrates or other agents prior to the onset of joint bleeding or by age 3 years
- This is primary prophylaxis
- All forms of prophylaxis are superior to episodic therapy
  - pdFVIII/FIX
  - rFVIII/FIX
  - SHL
  - EHL
  - Emicizumab

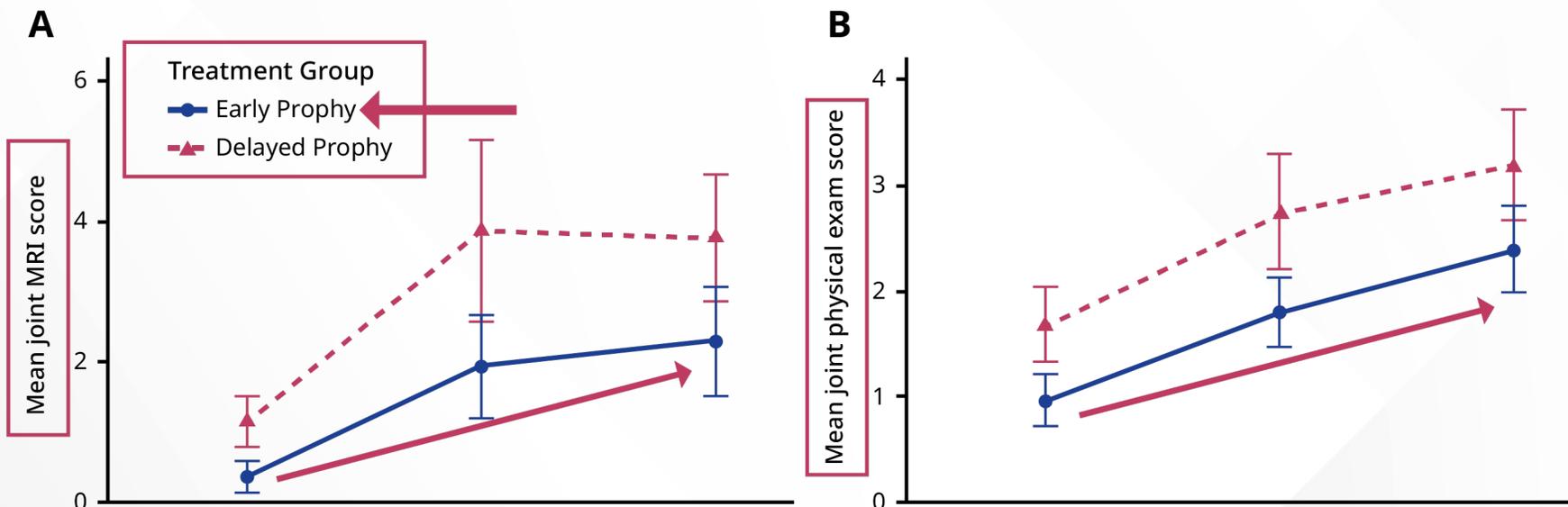
# Joint Outcome Study

Prophylaxis Versus Episodic Treatment to Prevent Joint Disease in Boys with Severe Hemophilia



# Joint Outcome Continuation Study

## Average Joint MRI Scores and Physical Examination Scores



| Average Scores (Mean (SD)) | JOS Entry MRI | JOS Exit eMRI       |  | JOS-C Entry eMRI    |  | JOS-C Exit eMRI     |  | JOS Exit CPJAS      |  | JOS-C Entry CPJAS   |  | JOS-C Exit CPJAS    |
|----------------------------|---------------|---------------------|--|---------------------|--|---------------------|--|---------------------|--|---------------------|--|---------------------|
| Mean Age (Yrs)             | 1.5           | 6.1                 |  | 13.8                |  | 18.0                |  | 6.0                 |  | 14.1                |  | 18.1                |
| Early Prophylaxis          | 0             | 0.4 (0.9)<br>n = 15 |  | 1.9 (2.2)<br>n = 10 |  | 2.3 (2.8)<br>n = 14 |  | 1.0 (0.9)<br>n = 15 |  | 1.8 (1.2)<br>n = 13 |  | 2.4 (1.6)<br>n = 15 |
| Delayed Prophylaxis        | 0             | 1.2 (1.5)<br>n = 18 |  | 3.9 (4.1)<br>n = 11 |  | 3.8 (3.7)<br>n = 18 |  | 1.7 (1.4)<br>n = 18 |  | 2.7 (1.8)<br>n = 12 |  | 3.2 (2.2)<br>n = 18 |

Adapted from Boulden Warren B, et al. *Blood Adv.* 2020;4(11):2451-2459.

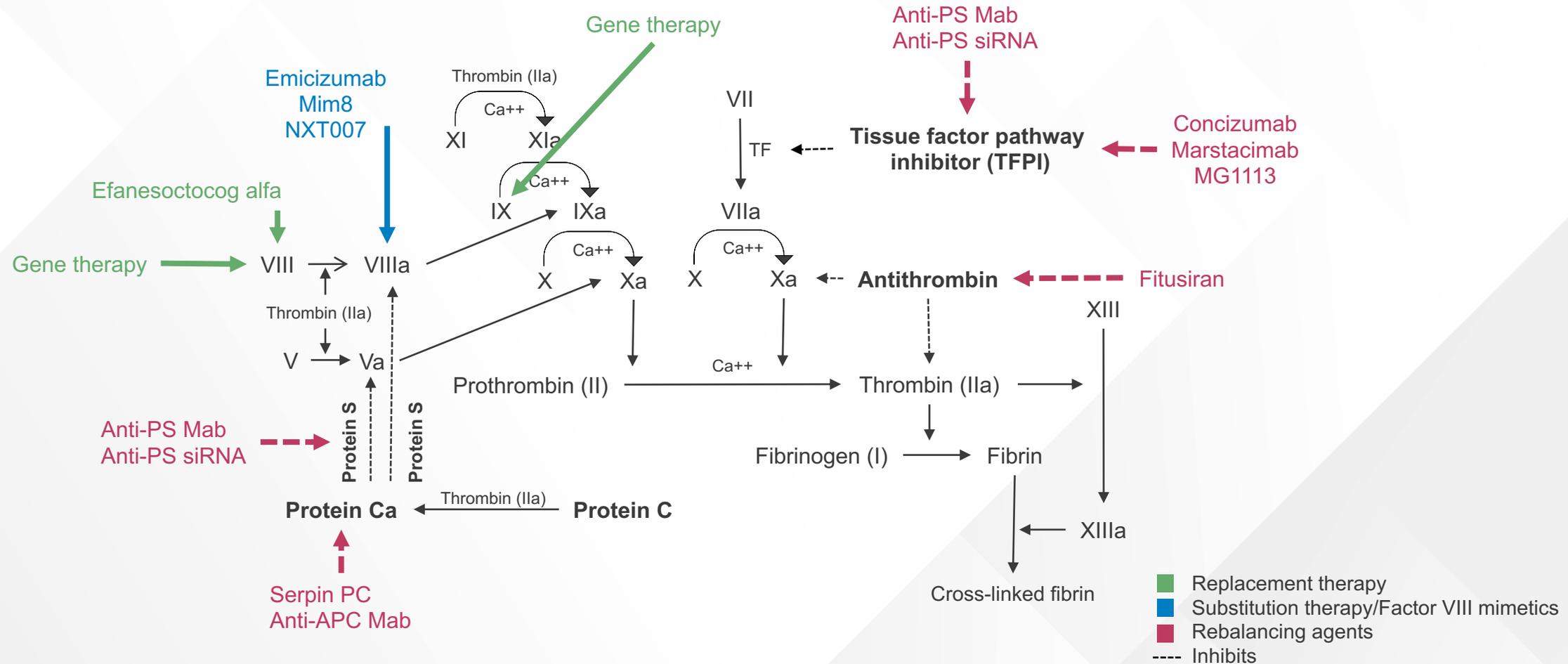
CPJAS, Colorado Pediatric Joint Assessment Scale; eMRI, extended magnetic resonance imaging; JOS, Joint Outcome Study; SD, standard deviation.

# Factor-Mimetic and Rebalancing Therapies in Hemophilia A

# Nonfactor Therapies

- They are all given **subcutaneously** and most of them less/much **less frequently** than factor therapy
- They are (based on trial data) **more effective** at preventing bleeding than factor therapy
- They therefore may be **more effective** at preventing joint disease
- What are nonfactor therapies?
  - Factor VIII mimetics
  - Rebalancing agents

# Novel Therapeutics Mechanisms of Action



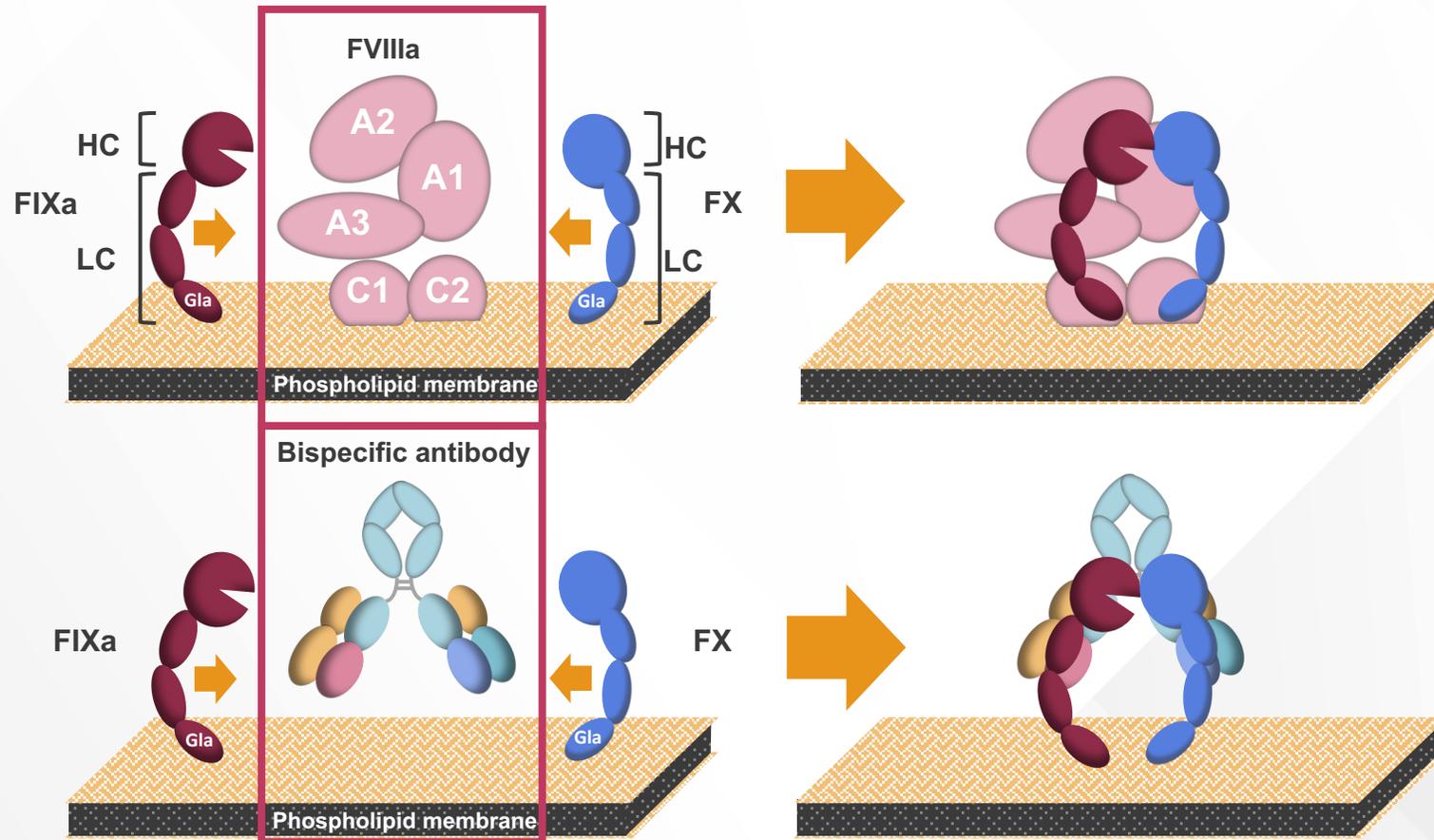
Courtesy of Guy Young, MD.  
MAB, monoclonal antibody; PS, protein S; siRNA, small interfering ribonucleic acid.

# Factor VIII Mimetics

# What Do We Mean By Mimetic?



# Factor VIII Mimetics for Hemophilia A



Adapted from Kitazawa T, et al. *Nat Med.* 2012;18:1570-1574.  
a, activated; F, factor; HC, heavy chain; LC, light chain.

# Factor VIII Mimetics for Hemophilia A

| MOA  | Drug       | Dosing Regimen  | Development Phase | Comments  |
|--|------------|---|-------------------|---|
| Substitute for the function of activated FVIII | Emicizumab | <p>SC q1, 2, or 4 weeks</p> <p><b>Loading dose:</b> 3 mg/kg SC once weekly for the first 4 weeks</p> <p>Followed by a <b>maintenance dose</b> of:</p> <ul style="list-style-type: none"> <li>• 1.5 mg/kg q1 week, or</li> <li>• 3 mg/kg q2 weeks, or</li> <li>• 6 mg/kg q4 weeks</li> </ul> | FDA-approved      | <p>Most commonly prescribed medication for prophylaxis in Hemophilia A</p> <p>Indication: routine prophylaxis to prevent or reduce the frequency of bleeding episodes in adult and pediatric patients ages newborn and older with hemophilia A with or without factor VIII inhibitors</p> |
|  | Mim8       | SC q1 week or q1 month  | 3                 | Pre-clinical studies show increased thrombin generation compared to emicizumab  |
|  | NXT007     | SC q1, 2, or 4 weeks  | 1                 |   |

# Emicizumab Clinical Trials

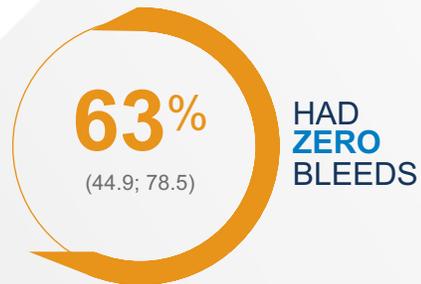
| Clinical Trial                  | Population   | ABR, Treated Bleeds:<br>Emicizumab Prophylaxis<br>vs No Prophylaxis   | % Patients With<br>Zero Treated Bleeds  | ABR, Treated Bleeds:<br>Emicizumab Prophylaxis vs<br>Prior Prophylaxis in NIS                                 |
|---------------------------------|--|---|---|---|
| <b>HAVEN 1</b><br>(NCT02622321) | PwHA ≥12 years<br>with FVIII inhibitors            | <ul style="list-style-type: none"> <li>87% reduction (QW)*</li> </ul>   | <ul style="list-style-type: none"> <li>63% (QW)</li> <li>6% (no prophylaxis)</li> </ul>             | <ul style="list-style-type: none"> <li>79% reduction with emicizumab QW vs prior BPA prophylaxis</li> </ul>   |
| <b>HAVEN 2</b><br>(NCT02795767) | PwHA <12 years<br>with FVIII inhibitors            | <ul style="list-style-type: none"> <li>N/A (no comparator)</li> </ul>   | <ul style="list-style-type: none"> <li>76.9% (QW)</li> </ul>  | <ul style="list-style-type: none"> <li>99% reduction with emicizumab QW vs prior BPA prophylaxis</li> </ul>   |
| <b>HAVEN 3</b><br>(NCT02847637) | PwHA ≥12 years without<br>FVIII inhibitors         | <ul style="list-style-type: none"> <li>96% reduction (QW)</li> <li>97% reduction (Q2W)</li> </ul>                                     | <ul style="list-style-type: none"> <li>56% (QW), 60% (Q2W),</li> <li>0% (no prophylaxis)</li> </ul> | <ul style="list-style-type: none"> <li>68% reduction with emicizumab QW vs prior FVIII prophylaxis</li> </ul> |
| <b>HAVEN 4</b><br>(NCT03020160) | PwHA ≥12 years with or<br>without FVIII inhibitors | <ul style="list-style-type: none"> <li>Primary analyses evaluating emicizumab Q4W prophylaxis on bleeding rate, safety, PK</li> </ul> |   |   |

# Emicizumab: Clinically Meaningful Bleed Protection in All Dosing Options

## Patients With Zero Treated Bleeds With Emicizumab Prophylaxis (95% CI)

### HAVEN 1

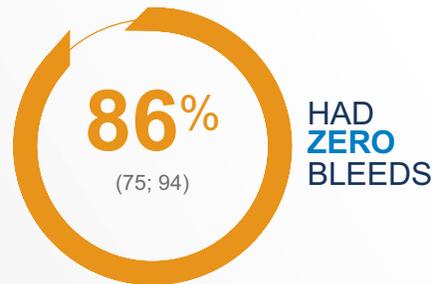
Adults and adolescents  
with inhibitors



**Emicizumab**  
Prophylaxis 1.5 mg/kg QW  
(n = 35)

### HAVEN 2

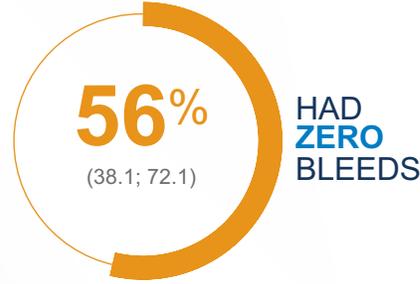
Pediatric patients  
with inhibitors



**Emicizumab**  
Prophylaxis 1.5 mg/kg QW  
(n = 59)

### HAVEN 3

Adults and adolescents  
without inhibitors



**Emicizumab**  
Prophylaxis 1.5 mg/kg QW  
(n = 36)

### HAVEN 4

Adults and adolescents  
with or without inhibitors

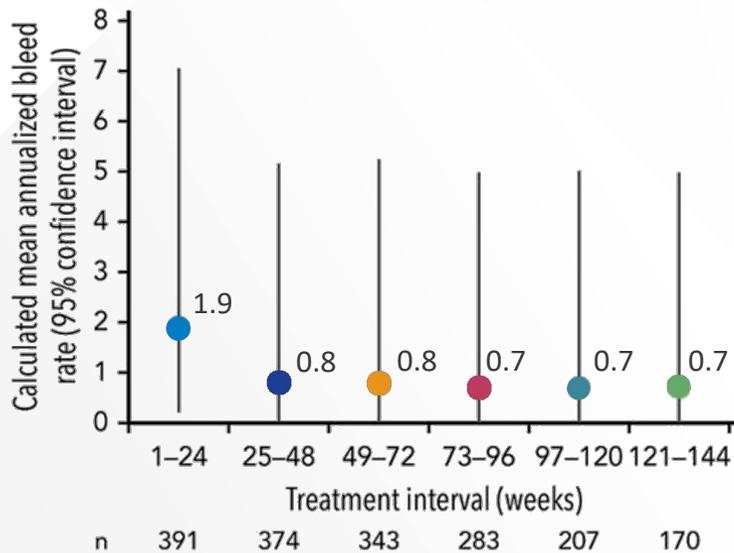


**Emicizumab**  
Prophylaxis 6 mg/kg Q4W  
(n = 41)

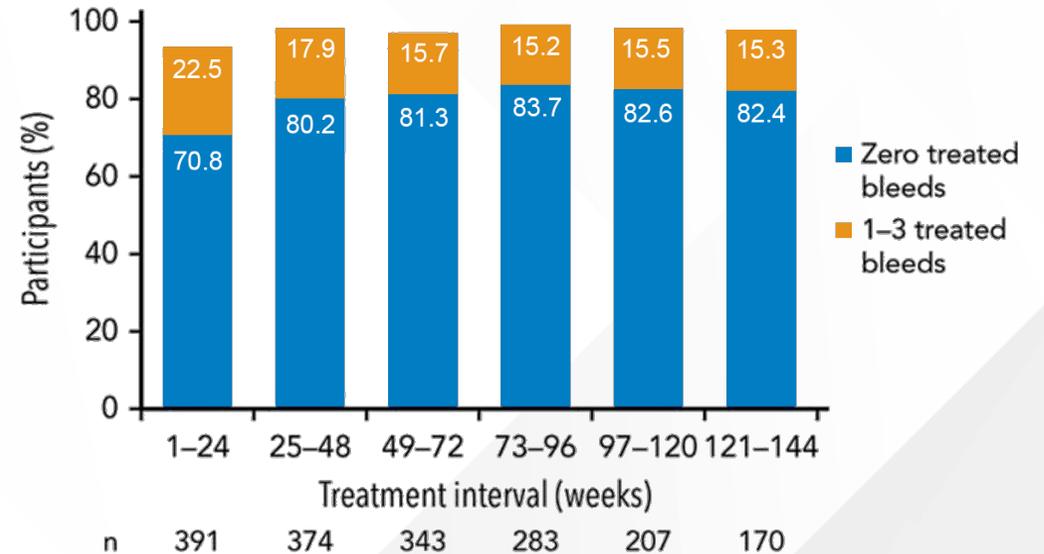
# Emicizumab: Pooled Analysis of HAVEN 1-4 Trials

A pooled analysis of long-term results from Phase III studies of emicizumab prophylaxis (HAVEN 1-4) in persons with hemophilia A

Annualized bleed rates (treated bleeds; mean values with 95% confidence intervals)



Percentages of participants with zero and 1-3 treated bleeds (%)

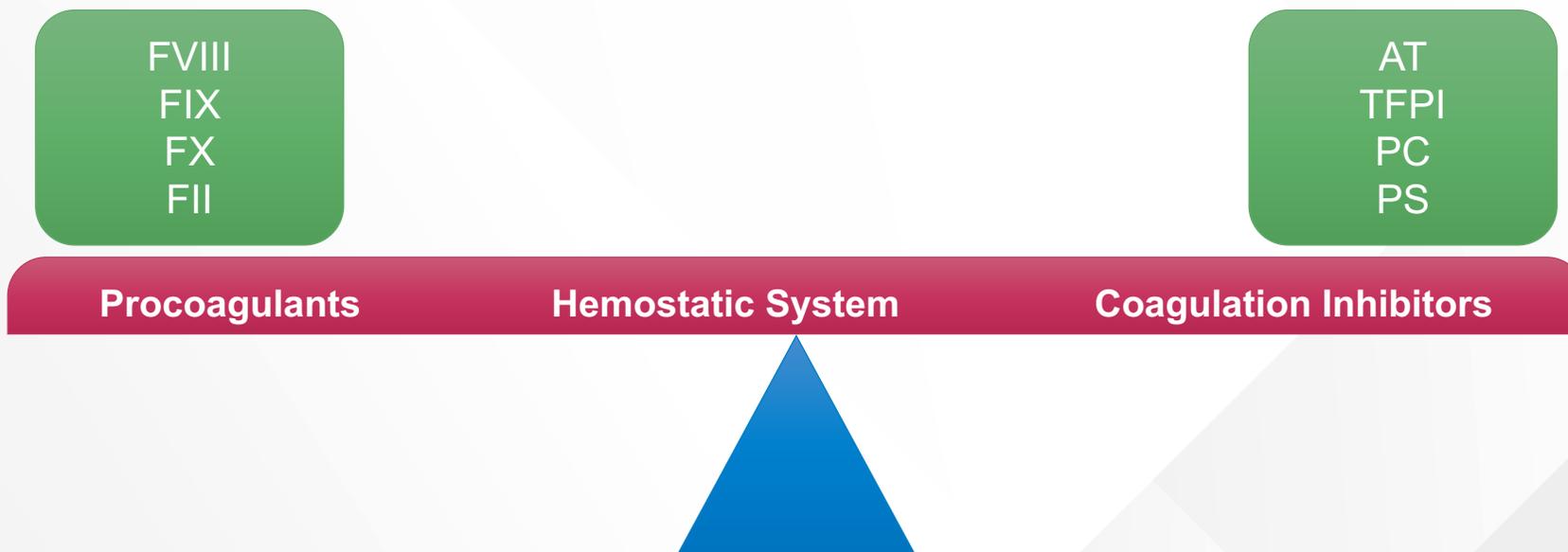


- With nearly 3 years of follow-up, low bleed rates were maintained with emicizumab prophylaxis
- After week 24, at least 97% of participants had  $\leq 3$  bleeds in each treatment interval
- Emicizumab remained well tolerated over long-term follow-up

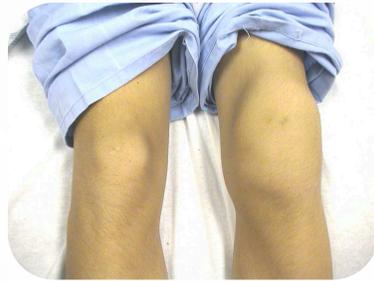
# Additional Emicizumab Clinical Trials

| Clinical Trial                  | Phase | Population  | Results/Comments  |
|---------------------------------|-------|---|---|
| <b>HAVEN 6</b><br>(NCT04158648) | 3     | Emicizumab prophylaxis in patients with <b>mild or moderate</b> hemophilia A without factor VIII inhibitors   | Treatment with emicizumab maintained low bleed rates across the study period (N = 72, median follow-up of 55.6 weeks) <ul style="list-style-type: none"> <li>• 66.7% experienced no bleeds that required treatment</li> <li>• 81.9% experienced no spontaneous bleeds that required treatment</li> <li>• 88.9% experienced no joint bleeds that required treatment</li> <li>• Model-based ABR remained low throughout the evaluation period at 0.9</li> </ul>                           |
| <b>HAVEN 7</b><br>(NCT04431726) | 3     | Emicizumab in <b>infants</b> with severe hemophilia A without FVIII inhibitors from birth to 12 months of age | Interim results indicated efficacy and confirmed safety of emicizumab with sustained PK and PK data (N = 54) <ul style="list-style-type: none"> <li>• 31 (57.4%) had at least 1 bleed; total number of bleeds: 77</li> <li>• 12 (22%) had at least one treated bleed; total number of treated bleeds: 14</li> <li>• Treated spontaneous bleeds: 0</li> <li>• Treated joint bleeds: 2 (14.3%)</li> <li>• Mean model-based ABR: 1.9 all bleeds</li> </ul>                                 |
| <b>STASEY</b><br>(NCT03191799)  | 3     | <b>Safety</b> of emicizumab prophylaxis in patients with hemophilia A with inhibitors                         | Confirmed safety profile reported in previous HAVEN studies with no new safety signals and the majority of patients having zero bleeding episodes (N = 193) <ul style="list-style-type: none"> <li>• Thromboembolic events (TEs): 2 (1.0%)</li> <li>• Thrombotic microangiopathies (TMAs): 0</li> <li>• Hypersensitivity reactions: 0</li> <li>• Most common AEs (≥10% of PwHA): arthralgia (17.1%), nasopharyngitis (15.5%), headache (15.0%), ISR (11.4%), pyrexia (10.9%)</li> </ul> |

# Rebalancing Agents



# Bleeding Disorder



AT  
TFPI  
PC  
PS



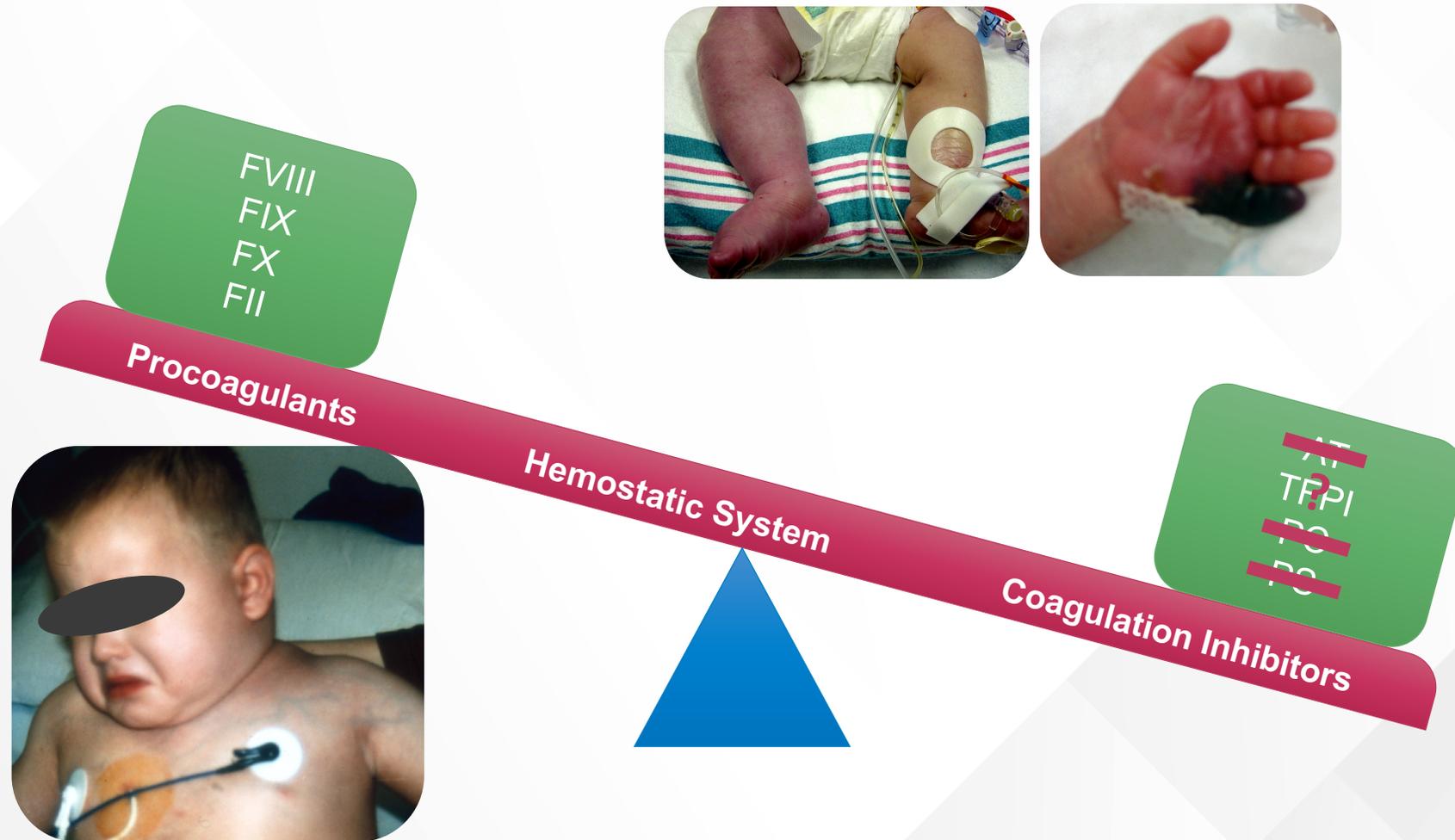
Procoagulants

Hemostatic System

Coagulation Inhibitors



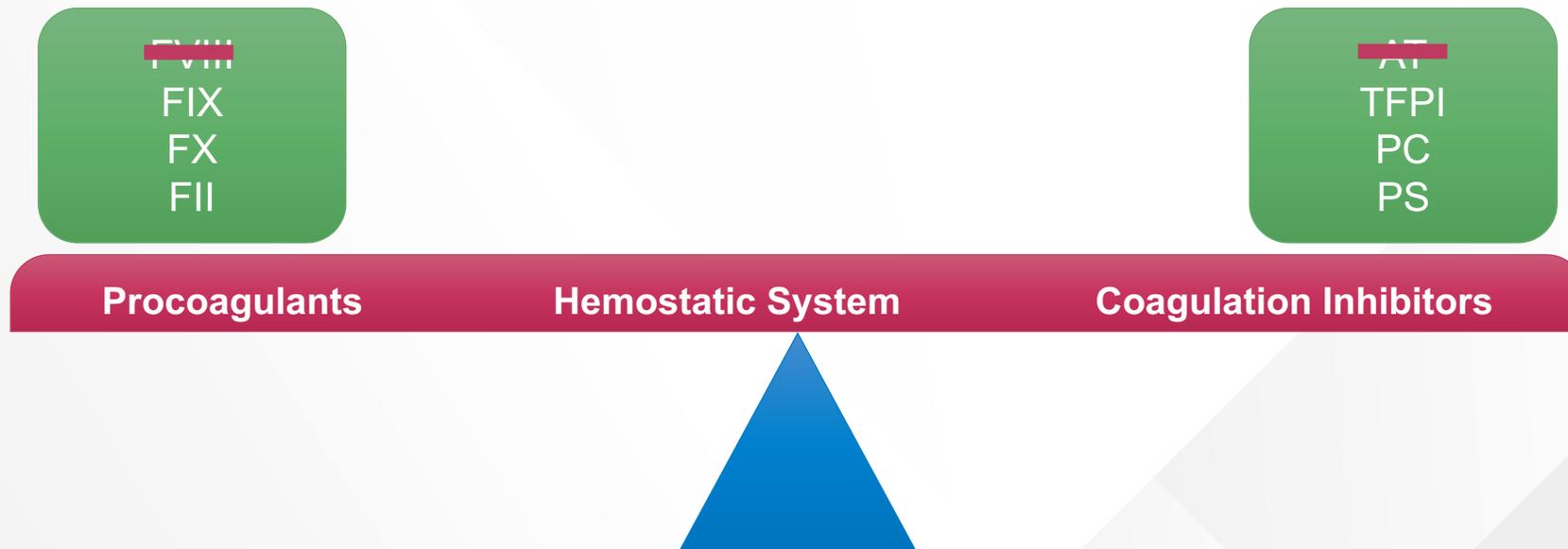
# Thrombotic Disorder



Courtesy of Guy Young, MD.

AT, antithrombin; F, factor; PC, protein C; PS, protein S; TFPI, tissue factor pathway inhibitor.

# Balance Restored – No Bleeding/No Clotting



# Rebalancing Agents

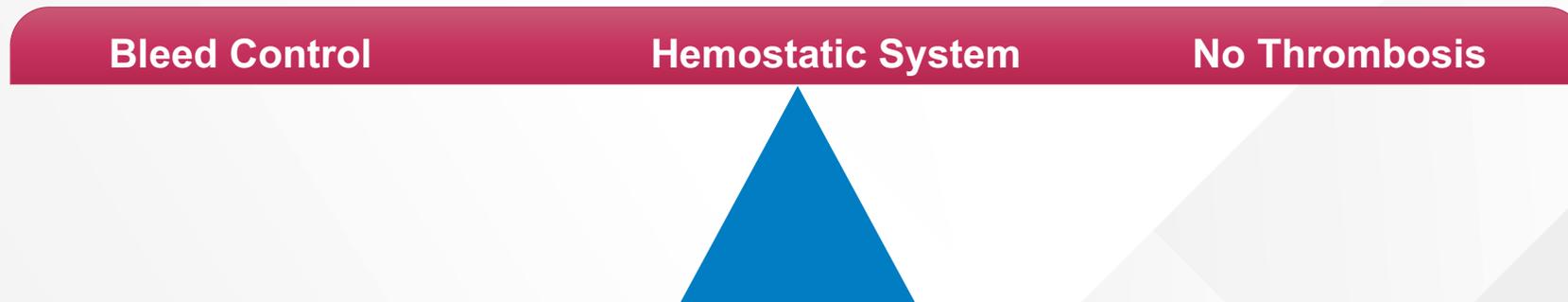
## PROS

- Same medication for hemophilia A and B with/without inhibitors
- Several mechanisms of action
  - Can be used in different types of patients
- Efficacious
- Safe (mostly)
- Subcutaneously administered
- Potential to be used in other bleeding disorders

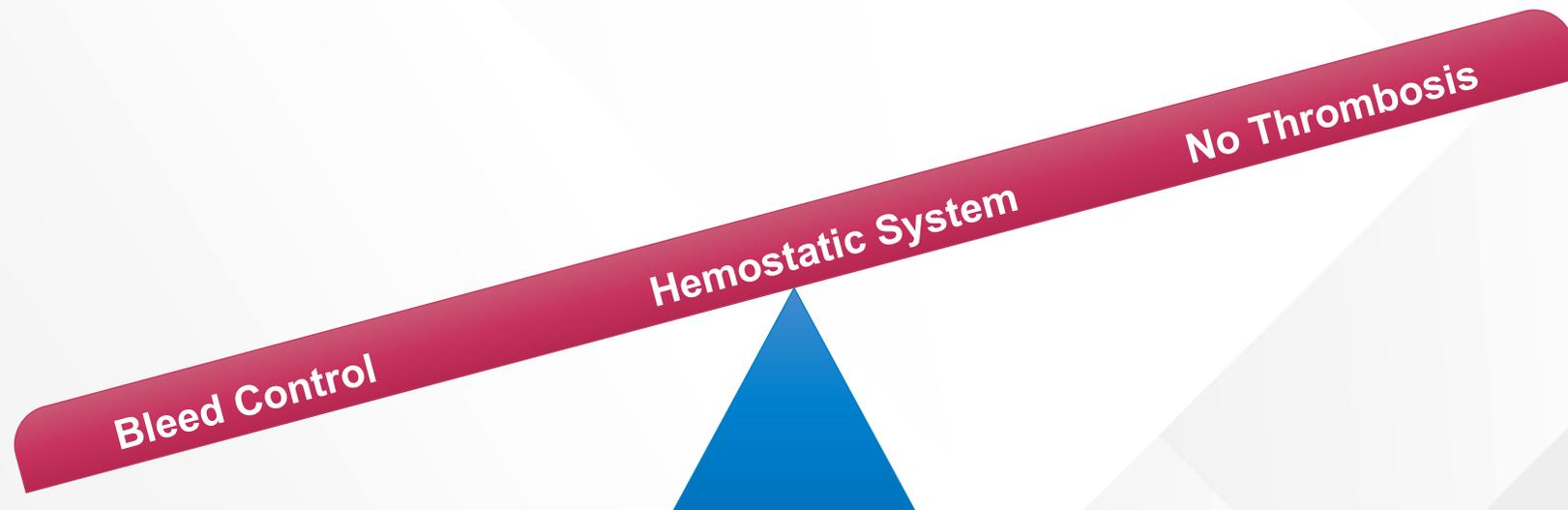
## CONS

- Novel mechanisms of action
  - Treators/patients have to learn about another part of the coagulation cascade
- Therapeutic drug monitoring with dose adjustments will be required (at least for some)
- Safety concerns (thrombosis)
- Lack of antidote for some

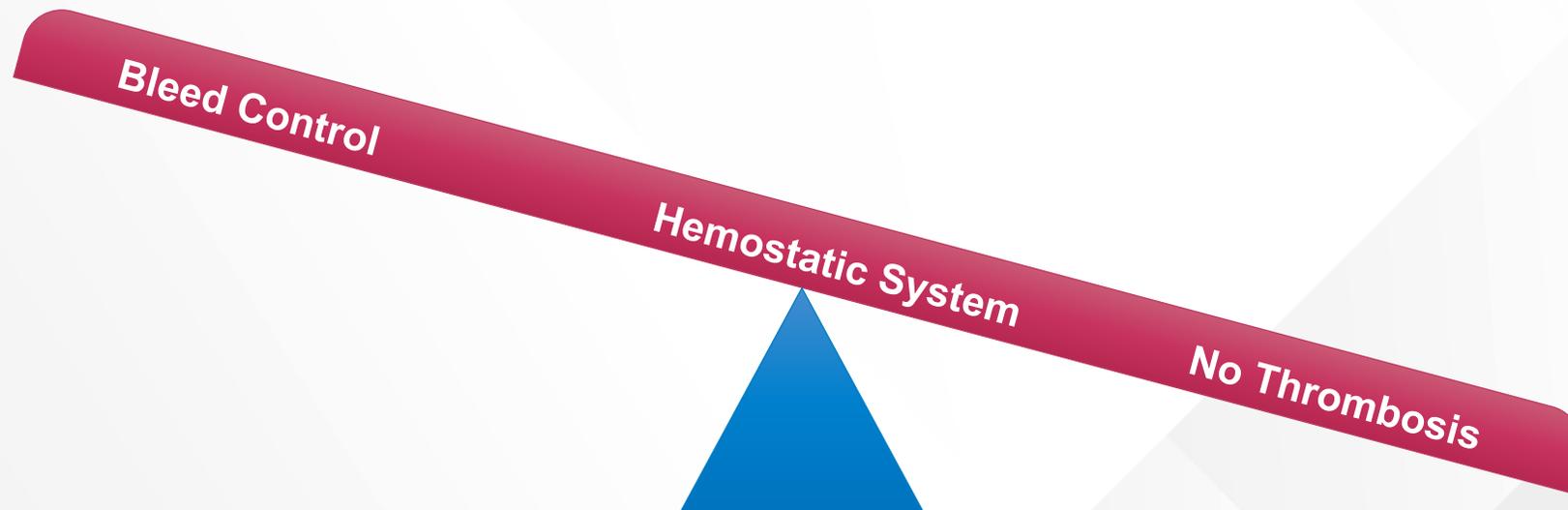
# Can We Get The Balance Right?



# Poor Bleed Control – No Thrombosis



# Good Bleed Control – Thrombotic Events



# Rebalancing Agents

| MOA                             | Drug        | Dosing Regimen                  | Development Phase | Comments   |
|---------------------------------|-------------|---------------------------------|-------------------|--|
| Anti-AT siRNA                   | Fitusiran   | SC monthly or every other month | 3                 | Thrombotic events led to a new dosing regimen targeting AT levels between 15-35% |
| Anti-TFPI monoclonal antibodies | Concizumab  | SC daily                        | 3                 | Thrombotic events led to a new approach targeting range of concizumab levels     |
|                                 | Marstacimab | SC weekly                       | 3                 | No reported thrombotic events so far   |
| Anti-APC serpin                 | Serpin PC   | SC q1, 2 or 4 weeks             | 3                 | Designed to improve hemostasis without risk for thrombosis                       |

# Fitusiran Clinical Trials

## Three Phase 3 Studies in Adults and Adolescents $\geq 12$ years



### ALN-AT3SC-003 (n = 54)

- Patients with Hem A or B aged  $\geq 12$  years
- **With** inhibitors
- Fitusiran 80mg QM
- Bleed managed by BPA on-demand



Plenary presentation<sup>1</sup>



### ALN-AT3SC-004 (n = 120)

- Patients with Hem A or B aged  $\geq 12$  years
- **Without** inhibitors
- Fitusiran 80mg QM
- Bleed managed by factor on-demand



Late breaker<sup>2</sup>



### ALN-AT3SC-009 (n = 80)

- Patients with Hem A or B aged  $\geq 12$  years
- **With or without** inhibitors
- Fitusiran 80mg QM
- Compared with factor / BPA prophylaxis

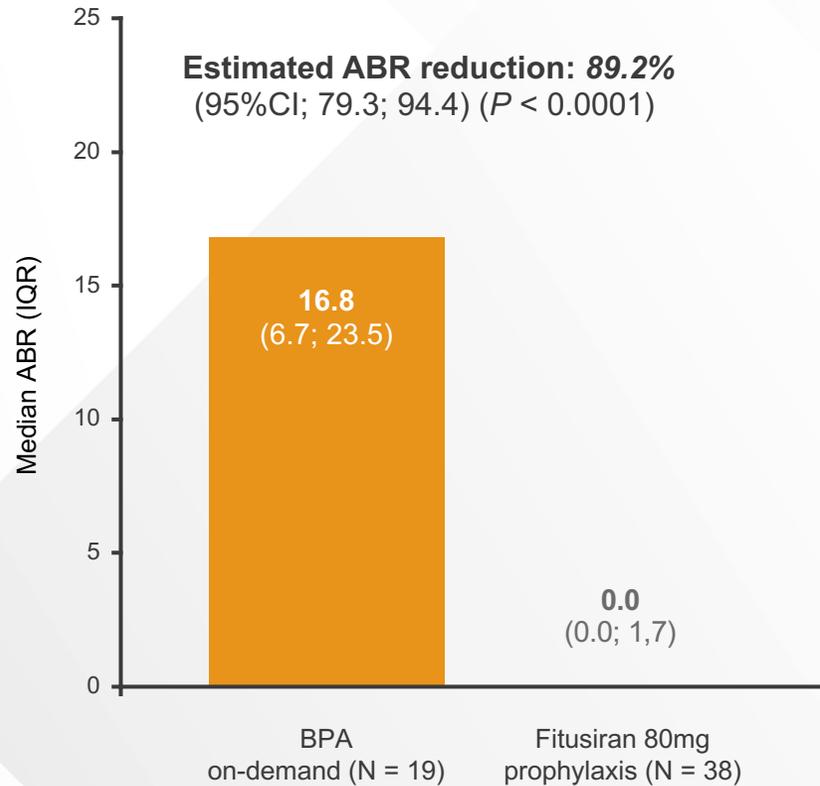


Late breaker<sup>3</sup>

# Fitusiran Phase 3 Efficacy Data

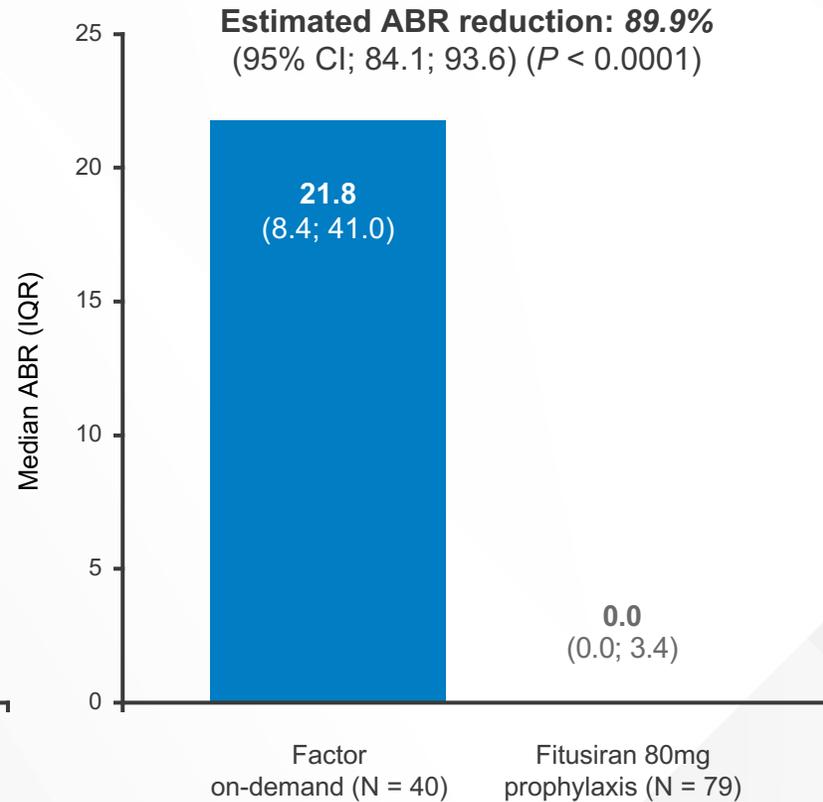
## ATLAS-INH<sup>1</sup>

Fitusiran vs on-demand bypassing agents:  
hem A or B with inhibitors



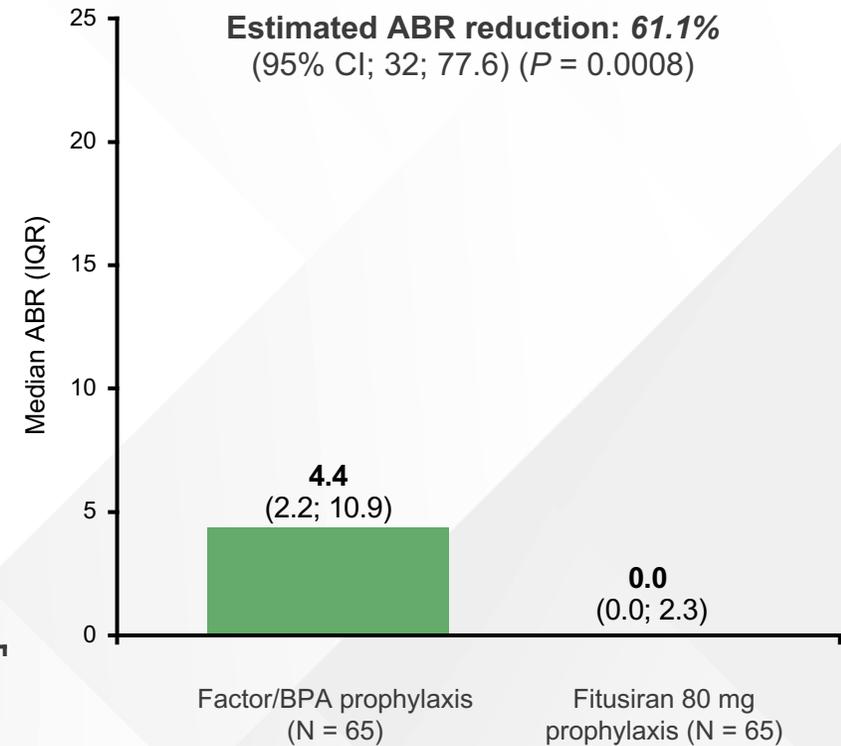
## ATLAS-A/B<sup>2</sup>

Fitusiran vs on demand factor:  
hem A or B without inhibitors

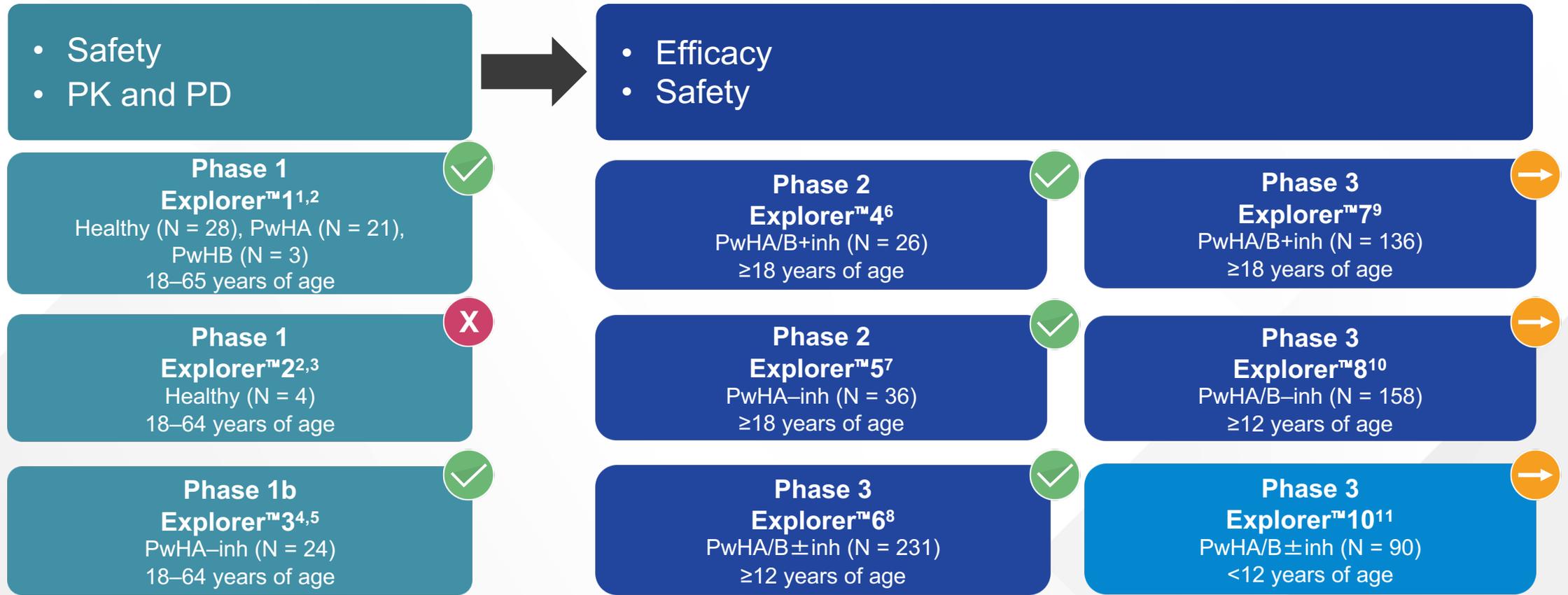


## ATLAS-PPX<sup>3</sup>

Fitusiran vs prior factor/BPA  
prophylaxis with or without inhibitors



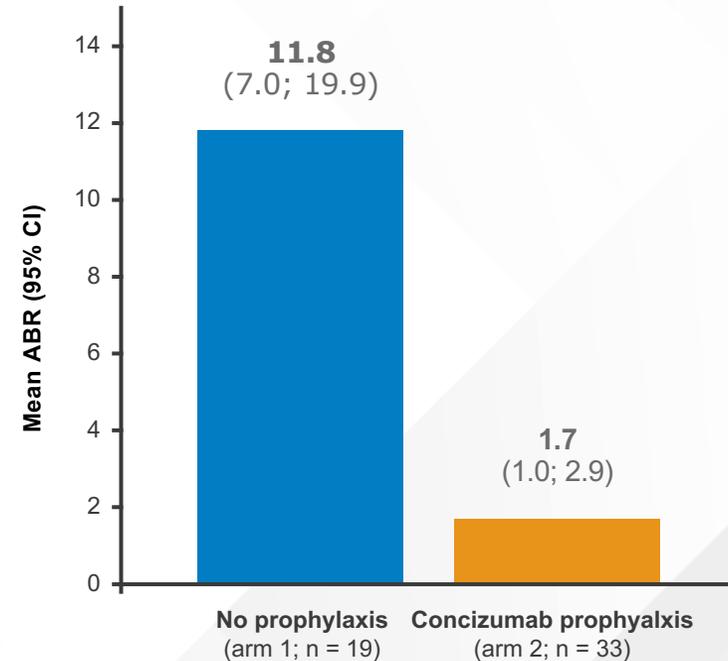
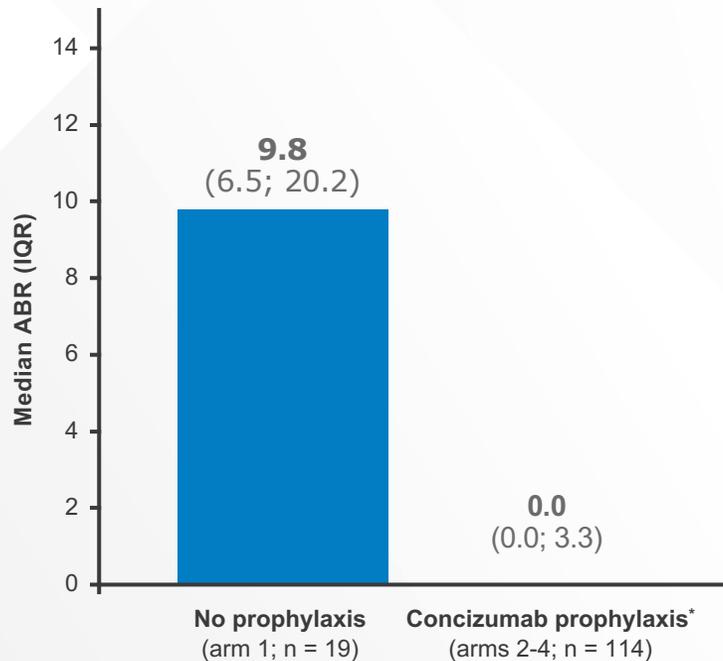
# Concizumab Clinical Trials



Trial complete    
 Trial ongoing    
 Trial terminated

# Concizumab Phase 3 Efficacy Data Explorer7 (main period)

ABR at primary analysis cut off\* in people with hemophilia A or B with inhibitors



**Mean ABR was 1.7 and median ABR was 0, and 64% of participants who received concizumab (arm 2; n = 33) had zero treated bleeds at 24 weeks**

\*Includes participants previously on demand that were randomized to receive concizumab prophylaxis (arm 2; n = 33), participants that transferred from the explorer4 trial, and an additional group of participants that were on prior prophylaxis or on demand (arms 3 and 4, respectively; n = 81).

ABR, annualized bleeding rate.

Jiménez Yuste V, et al. ISTH 2022 Congress. Abstract LB 01.2. Mathias M, et al. *Haemophilia*. 2023;29(S1):OR06.

# Marstacimab Phase 2 Efficacy Data

|                                      | Total 300 mg<br>(N = 10) | Total 300 mg Loading +<br>150 mg (N = 10) |
|--------------------------------------|--------------------------|---|
| <b>Pre-treatment* ABR, mean (SD)</b> | 20.2 (5.7)               | 17.4 (9.0)                                |
| Median (range)                       | 19.0 (12.0–30.0)         | 15.0 (12.0–42.0)                          |
| <b>On study ABR, mean (SD)</b>       | 1.5 (2.4)                | 2.7 (4.5)                                 |
| Median (range)                       | 0 (0–6.0)                | 1.0 (0–14.4)                              |



- Across all dose cohorts, mean and median on-study **ABRs** ranged from **0 to 3.6** and **0 to 2.5** respectively, demonstrating comparable efficacy to that observed in the 1b/2 study
- **Nine out of 18 participants (50%)** who completed the study had **no bleeding events**

Phase 3 BASIS trial of adolescent and adult participants between ages 12 to <75 years with severe hemophilia A demonstrated statistically significant and clinically relevant reduction in ABR compared to prophylaxis and on-demand intravenous regimens

# Novel Agents by Administrations Per Year

| Drug               | Administrations Per Year | Comments   |
|--------------------|--------------------------|--|
| Factor replacement | 52-183 (IV)              | Only IV. Other administration methods have been tried but have not worked well |
| Emicizumab/Mim8    | 13-52 (SC)               | Very long washout (months) with no antidote                                    |
| Fitusiran          | 6-12 (SC)                | Very long washout (months) but antidote (AT infusion) is available             |
| Concizumab         | 365 (SC)                 | Daily injection, but advantage of rapid washout<br>No antidote                 |
| Marstacimab        | 52 (SC)                  | No antidote  |
| Serpin PC          | 13-52 (SC)               | Dosing still being worked out  |

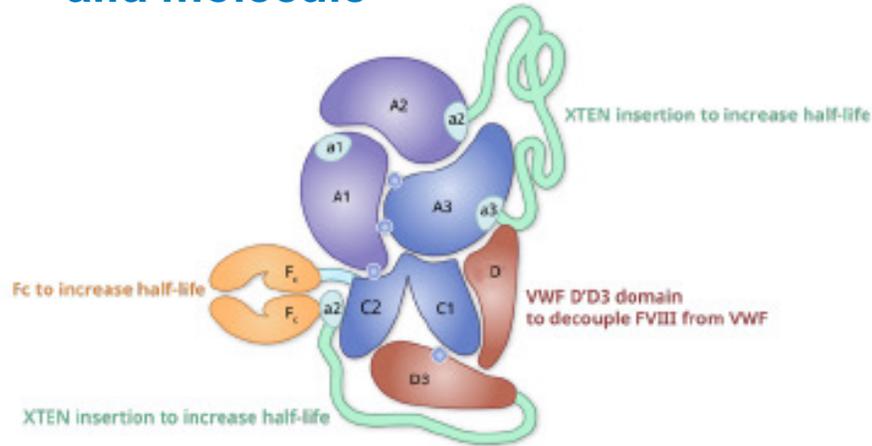
# Novel Replacement Therapy

# Efanesoctocog alfa

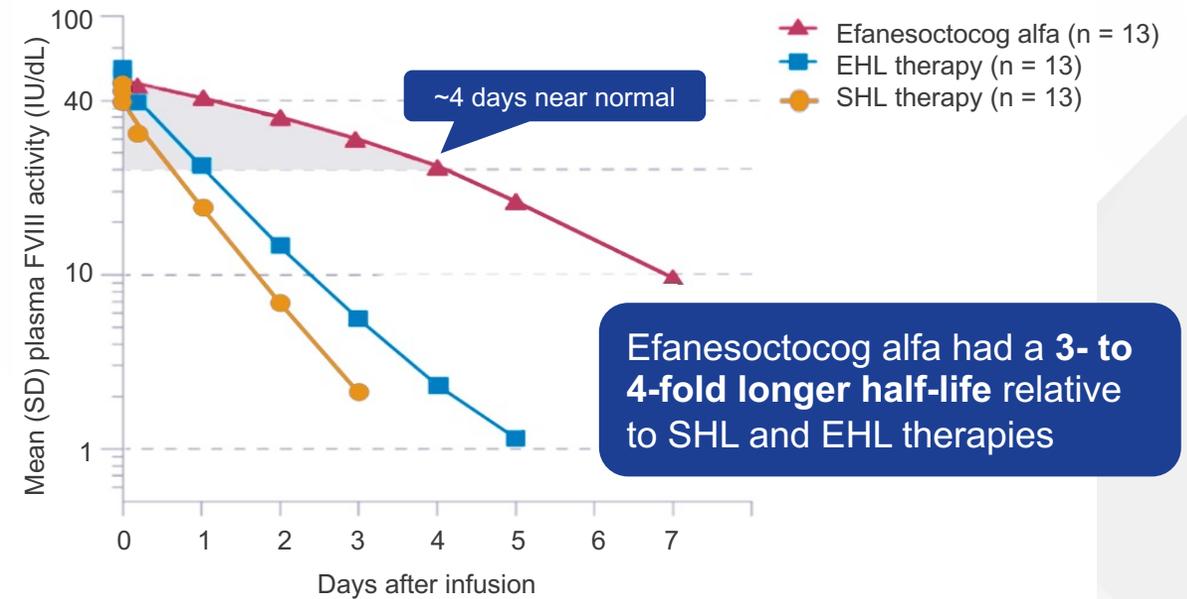
- Recombinant coagulation factor VIII Fc-VWF-XTEN fusion protein
- New class of factor VIII replacement therapy for hemophilia
- Designed to decouple recombinant factor VIII from endogenous VWF and thus overcome the VWF-imposed half-life ceiling on factor VIII replacement
  - Provides high sustained factor VIII activity by overcoming the VWF-imposed half-life ceiling

# Efanesoctocog alfa

## Molecular design of efanesoctocog alfa molecule



## Factor VIII activity levels in the normal to near-normal (>40%) range for most of the week in the Phase 1 PK study



- Composed of a single recombinant factor VIII protein and 3 additional components that contribute to increased half-life:
  - An Fc domain that facilitates recycling through the neonatal Fc receptor pathway
  - Covalent linkage to a VWF D'D3 factor VIII binding domain to decouple recombinant factor VIII from endogenous VWF
  - Two XTEN polypeptides to shield efanesoctocog alfa from proteolytic degradation and clearance

# Novel Replacement Therapy

| MOA  | Drug               | Dosing Regimen  | Development Phase | Comments   |
|--|--------------------|---|-------------------|--|
| Recombinant coagulation Factor VIII Fc-von Willebrand Factor-XTEN fusion protein | Efanesoctocog alfa | IV<br><br><b>For routine prophylaxis:</b><br>50 IU/kg once weekly<br><br><b>For on-demand treatment and control of bleeding episodes:</b> single dose of 50 IU/kg | FDA-approved      | Indication: for use in adults and children with hemophilia A (congenital factor VIII deficiency) for: <ul style="list-style-type: none"> <li>• Routine prophylaxis to reduce the frequency of bleeding episodes</li> <li>• On-demand treatment &amp; control of bleeding episodes</li> <li>• Perioperative management of bleeding</li> </ul> |

# Efanesoctocog alfa Clinical Trials

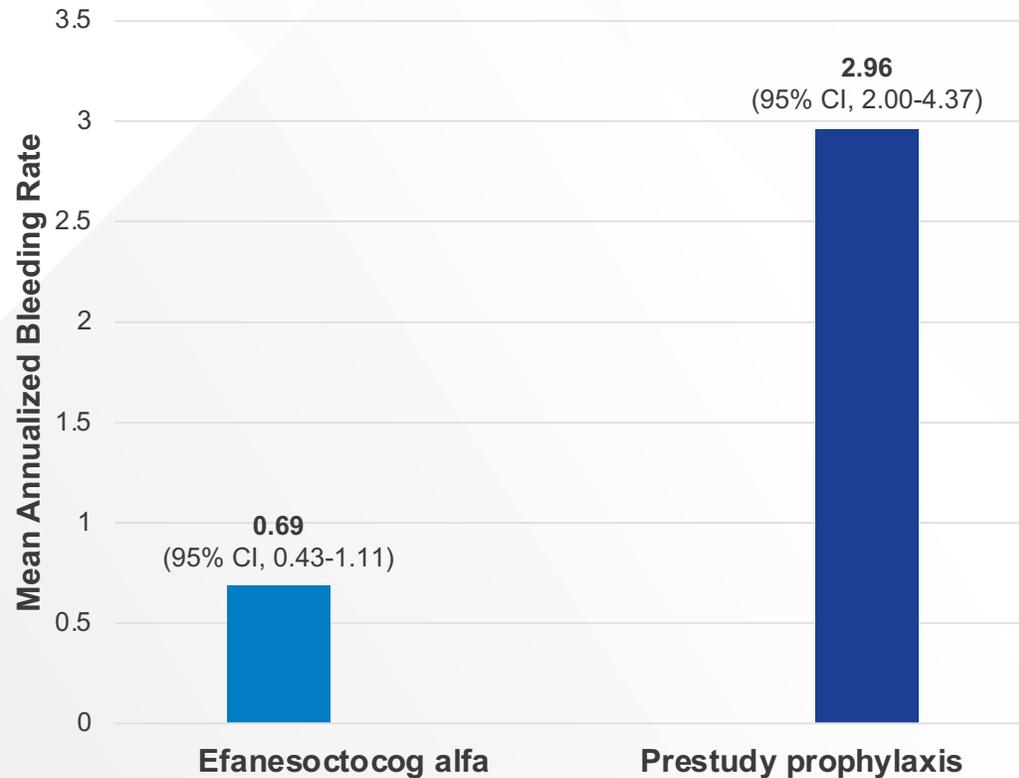
| Clinical trial                     | Phase | Population  | ABR   | Comments  |
|------------------------------------|-------|---|---|---|
| <b>XTEND-1</b><br>(NCT04161495)    | 3     | <p>Safety, efficacy, and pharmacokinetics in previously treated patients <b>≥12 years</b> of age with severe hemophilia A</p> <ul style="list-style-type: none"> <li>Group A (N = 133): patients received once-weekly prophylaxis with efanesoctocog alfa (50 IU/kg of body weight) for 52 weeks</li> <li>Group B (N = 26): patients received on-demand treatment for 26 weeks, followed by once-weekly prophylaxis for 26 weeks</li> </ul> | <p>Group A:</p> <ul style="list-style-type: none"> <li>Mean: 0.7</li> <li>Median: 0.0</li> <li>Patients with 0 bleeding episodes: 86 (65%)</li> </ul> | <ul style="list-style-type: none"> <li>Mean ABR decreased from 2.96 to 0.69, a finding that showed superiority over pre-study factor VIII prophylaxis                             <ul style="list-style-type: none"> <li>Significant reduction of 77%</li> </ul> </li> <li>In the overall population:                             <ul style="list-style-type: none"> <li>Nearly all bleeding episodes (97%) resolved with 1 injection</li> <li>Acceptable side-effect profile</li> <li>Development of inhibitors to factor VIII not detected</li> </ul> </li> <li>Prophylaxis with efanesoctocog alfa improved physical health (<math>P &lt; 0.001</math>), pain intensity (<math>P = 0.03</math>), and joint health (<math>P = 0.01</math>)</li> <li>~4 days with mean factor VIII levels above 40% (normal to near-normal range)</li> </ul> |
| <b>XTEND-Kids</b><br>(NCT04759131) | 3     | <p>Safety, efficacy, and pharmacokinetics of once-weekly prophylaxis in previously treated pediatric patients <b>&lt;12 years</b> of age with severe hemophilia A</p>   | <ul style="list-style-type: none"> <li>Mean: 0.89</li> <li>Median: 0.0</li> </ul>   | <ul style="list-style-type: none"> <li>Primary endpoint: occurrence of inhibitor development (baseline to 52 weeks)                             <ul style="list-style-type: none"> <li>No FVIII inhibitors detected in 74 children, with more than 50 children experiencing at least 50 exposure days, nearly a full year of treatment</li> </ul> </li> </ul>   |
| <b>XTEND-ed</b><br>(NCT04644575)   | 3     | Long-term extension study in previously treated patients with severe Hemophilia A   |   |   |

Most common side effects (>10%): headache and arthralgia

# XTEND-1 Trial

## Mean Annualized Bleeding Rate

Annualized bleeding rate ratio, 0.23 (95% CI, 0.13-0.42);  $P < 0.001$  for superiority



| Annualized Bleeding Rates  | Group A (N = 133)     |                                |
|--|-----------------------|--------------------------------|
| Endpoint   | Pre-study Prophylaxis | Efanesoctocog alfa Prophylaxis |
| <b>Primary Endpoint – ABR for efanesoctocog alfa prophylaxis</b> |                       |                                |
| Median ABR   | -                     | 0                              |
| Mean ABR, model based  | -                     | 0.71                           |
| Patients with zero bleeding episodes                             | -                     | 86 (65%)                       |
| <b>Key Secondary Endpoint – Inpatient ABR comparison</b>         |                       |                                |
| No. of patients evaluated  | 78                    | 78                             |
| Median ABR   | 1.06                  | 0                              |
| Mean ABR, model based  | 2.96                  | 0.69                           |
| Rate ratio vs. pre-study prophylaxis                             | -                     | 0.23                           |
| P value for superiority  | -                     | <0.001                         |

# XTEND-Kids Trial

|                                     | N = 74 |
|-------------------------------------|--------|
| Occurrence of inhibitor development | 0.0%   |
| Median ABR                          | 0.0    |
| Estimated mean ABR                  | 0.89   |
| Zero bleeding episodes              | 64%    |
| Zero joint bleeds                   | 82%    |
| Zero spontaneous bleeds             | 88%    |

- No development of inhibitors to FVIII or anti-drug antibodies was detected following treatment with efanesoctocog alfa
- Efanesoctocog alfa prophylaxis provided high sustained FVIII activity throughout the weekly dosing interval and in the normal to near-normal range (>40 IU/dL for ~3 days)
- Once-weekly prophylaxis provided effective bleed protection and treatment

# What Clinicians Need to Know About Shared Decision-Making in Hemophilia A

So, how do we choose?

# SHARE Decision-Making Model

- STEP 1** **S**eek your patient's participation.
- STEP 2** **H**elp your patient explore & compare treatment options.
- STEP 3** **A**ssess your patient's values and preferences.
- STEP 4** **R**each a decision with your patient.
- STEP 5** **E**valuate your patient's decision.

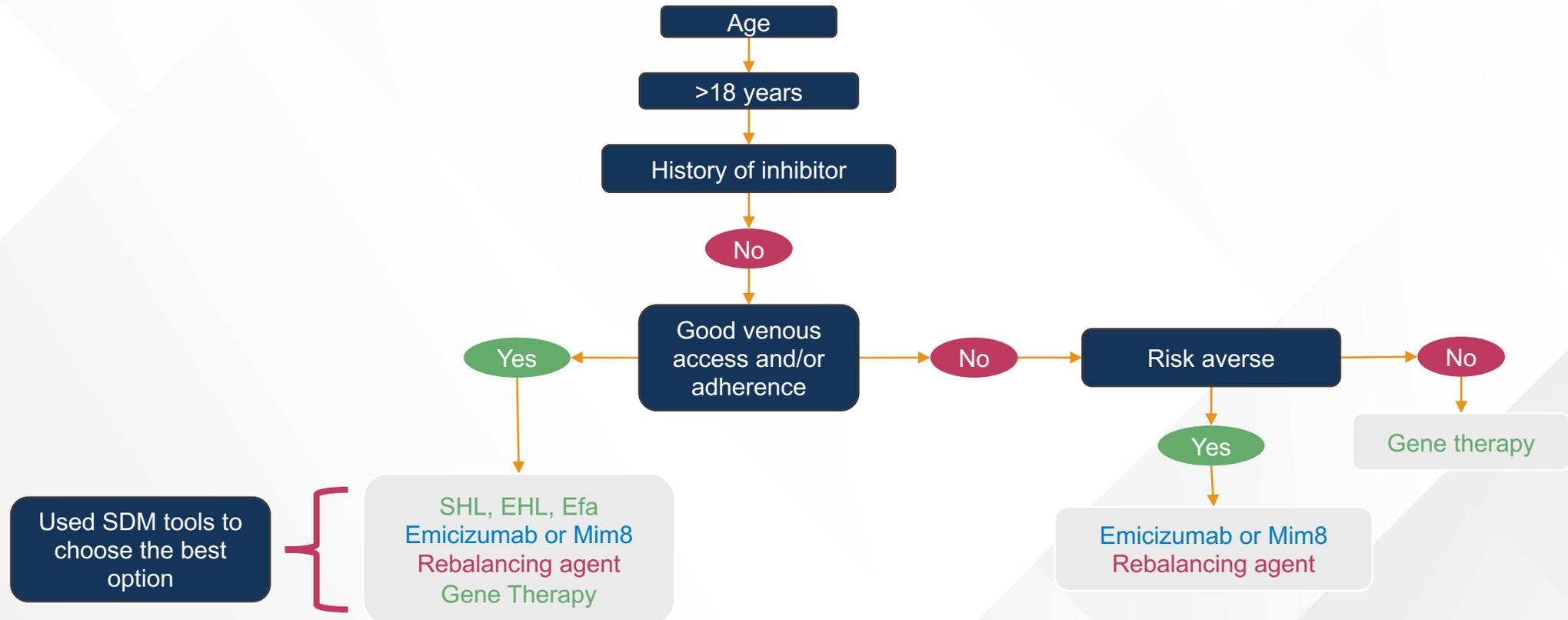
# Treatment Considerations

| Patient Categories |           |                 |       |          |          |      |                  |          |
|--------------------|-----------|-----------------|-------|----------|----------|------|------------------|----------|
| Age                |           | Hemophilia type |       | Severity |          |      | Inhibitor status |          |
| <18 years          | >18 years | Hem A           | Hem B | Severe   | Moderate | Mild | Positive         | Negative |

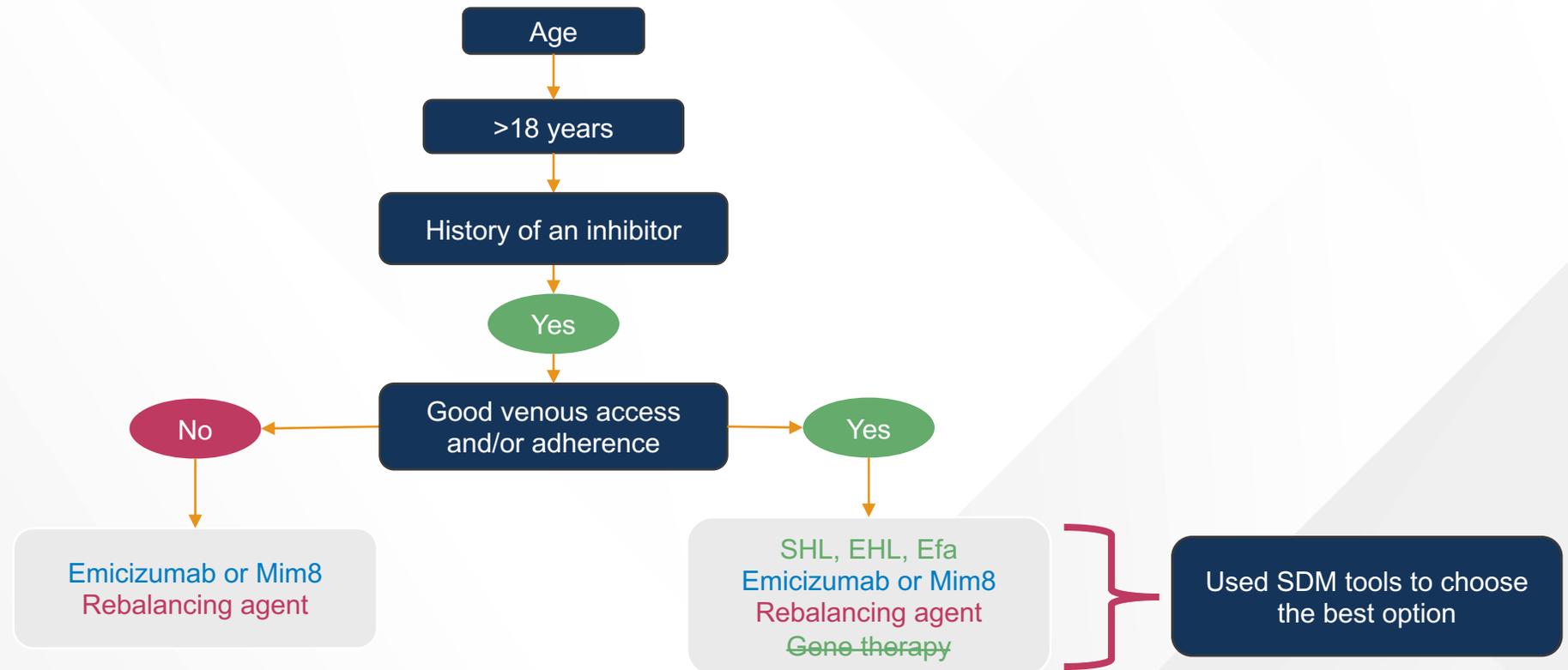
| Patient Categories |      |           |     |             |     |     |                          |           |
|--------------------|------|-----------|-----|-------------|-----|-----|--------------------------|-----------|
| Venous access      |      | Adherence |     | Risk averse |     |     | Lifestyle (work or play) |           |
| Good               | Poor | Good      | Bad | No          | Med | Yes | Higher risk job/active   | Sedentary |

| Patient Categories |     |                             |    |                                       |
|--------------------|-----|-----------------------------|----|---------------------------------------|
| Age                |     | Cardiovascular risk factors |    | Individual patient values             |
| <58                | >58 | Yes                         | No | High efficacy v. Low treatment burden |

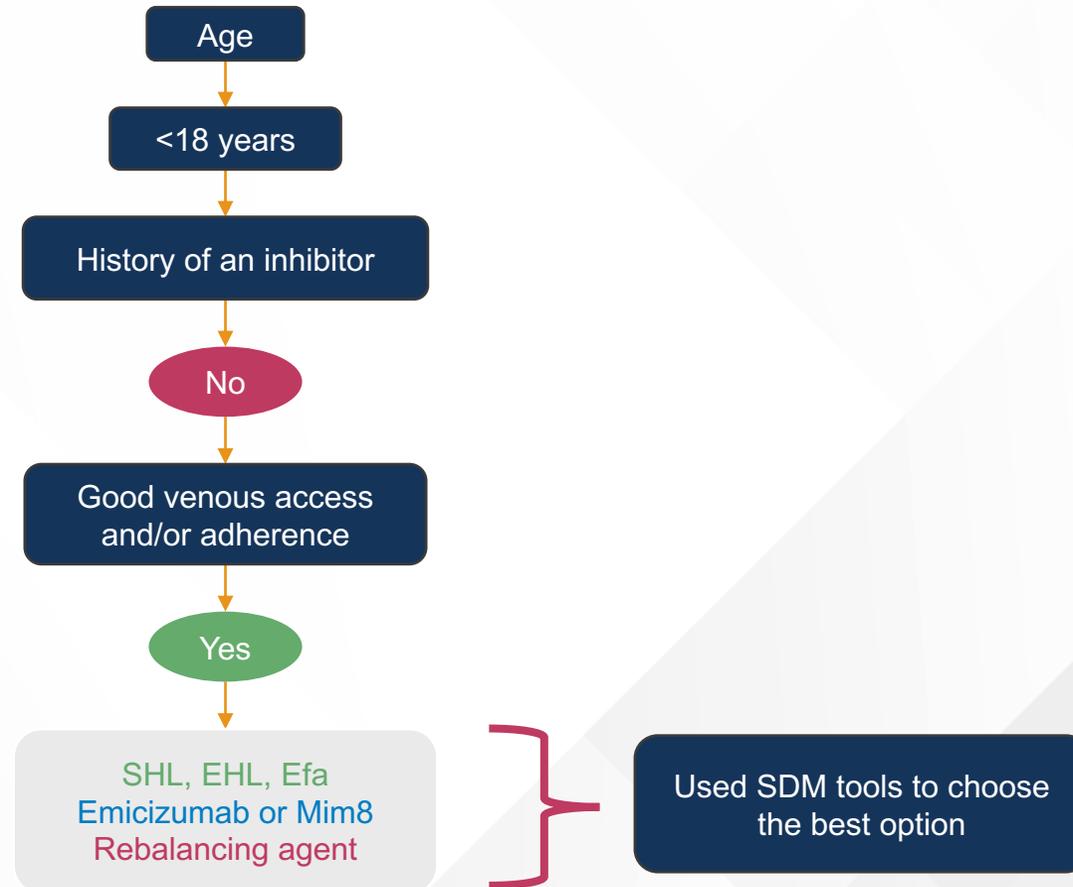
# Hemophilia A—No Current Inhibitor



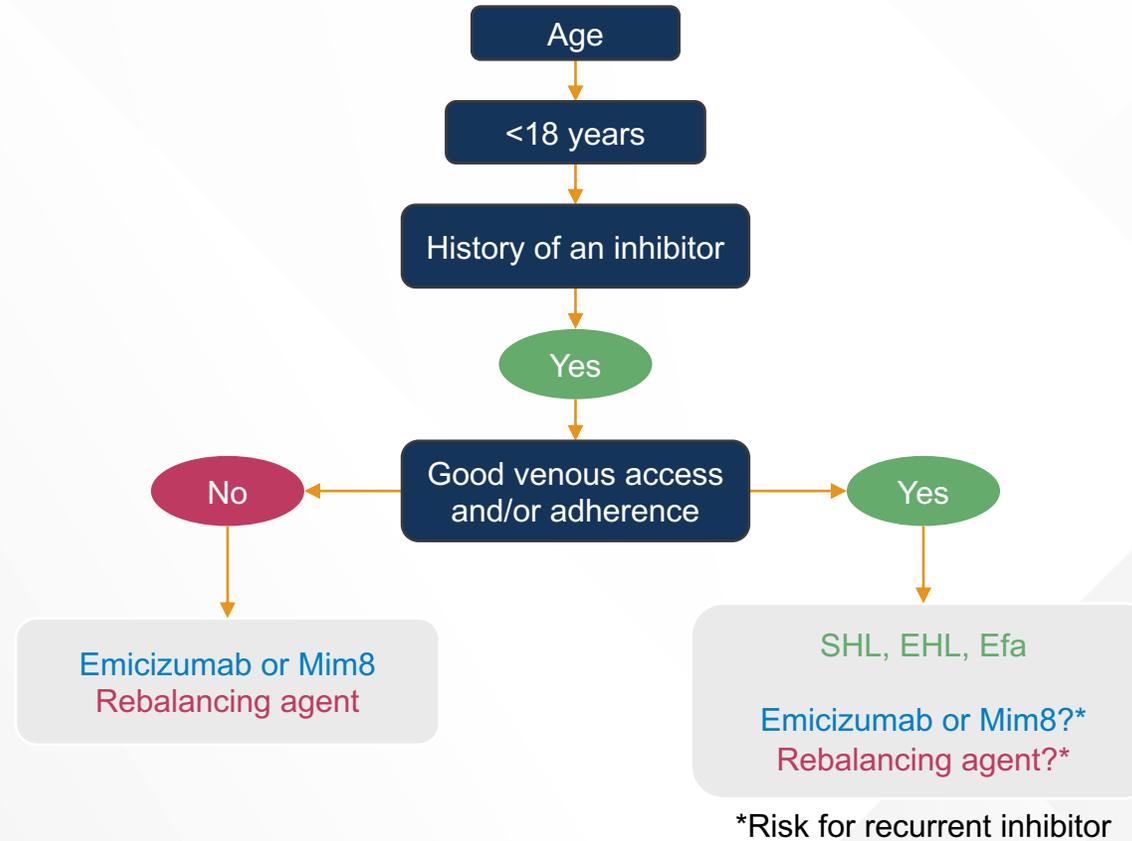
# Hemophilia A—No Current Inhibitor



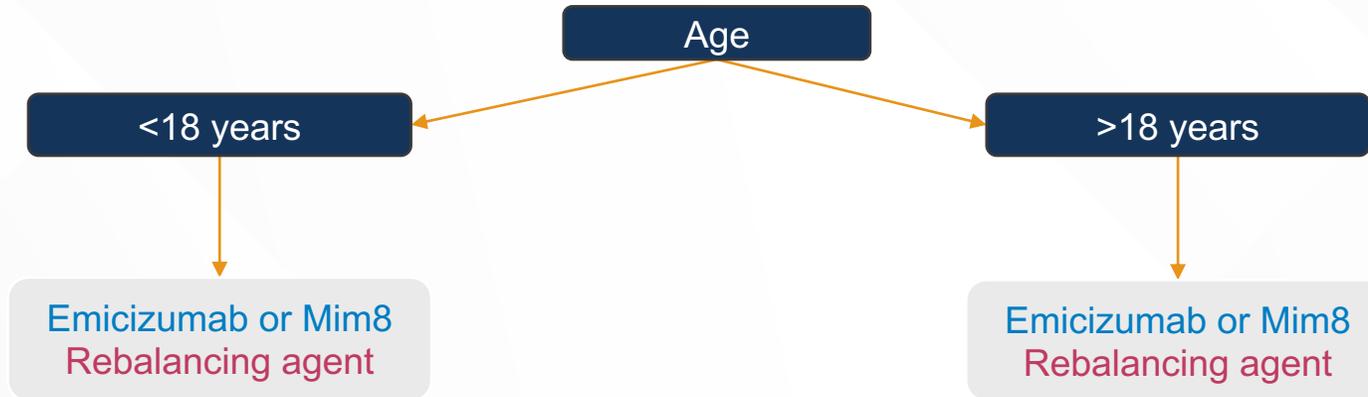
# Hemophilia A—No Current Inhibitor



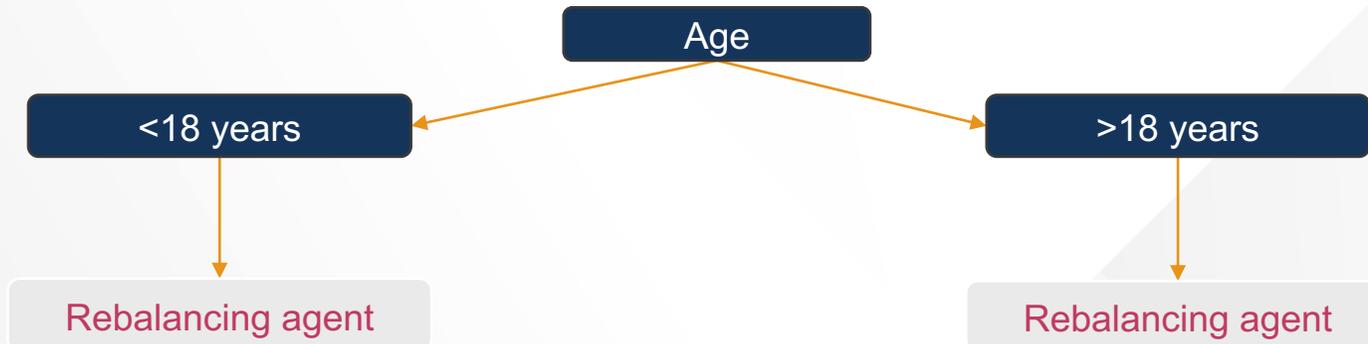
# Hemophilia A—No Current Inhibitor



## Hemophilia A—Active Inhibitor



## Hemophilia B—Active Inhibitor



# Questions to Ask Patients

- What is their definition of well controlled (in terms of bleeding)?
  - Does it agree with your definition?
  - If not, discuss what well-controlled should mean for them
- What are their goals and preferences?
  - Lifestyle issues discussed earlier
- What aspects of treatment are most important to them?
  - Is bleed prevention the ONLY thing that matters?
  - Is ease of administration the ONLY thing that matters?
  - What combination of improving their disease burden and treatment burden is ideal for them?
- Co-create treatment plans to improve adherence and reduce bleeding episodes
- Using SDM to help improve the level of health equity in persons with HA that is similar to their unaffected peers

# Steps to Improve Outcomes

- Make a treatment plan patients/caregivers agree with
  - This will improve their buy-in and improve their adherence
  - Don't dictate to them what you think they should do
- Explain health equity to your patients
  - That your goal is for them to live a normal life like their non-hemophilia relatives
  - Convince them that is achievable
  - Your optimism will be reflected in theirs and including them in the decision making will result in the best outcomes and best quality of life

# Lowering Burden to Raise Adherence: Optimizing Prophylaxis for Hemophilia A

